



## Faulding® Remedies Valerian Forte 60 Soft Gel Capsules

Faulding® Remedies Valerian Forte Helps relieve sleeplessness also:

- Helps relieve sleeplessness, nervous tension, stress and mild anxiety.

### About this product

Faulding® Remedies Valerian Forte 2000mg is a gentle herbal and mineral formula that promotes restful sleep by helping you to fall asleep and stay asleep throughout the night. Magnesium plays an essential role in the body for proper nerve and muscle function. Valerian helps to relieve nervous tension, stress and mild anxiety and helps to relieve the stress. Faulding® Remedies Valerian 2000mg can aid in the relief of insomnia and help maintain general well being.

Valerian has sedative and relaxant, spasmolytic and hypotensive actions. It is indicated for nervous tension and stress, restlessness, disturbed sleep patterns and anxiety states. Valerian root relieves anxiety and nervousness-related chronic and periodic insomnia. Clinical applications include insomnia, anxiety, stress, fever, convulsions, neuralgia, spastic muscles, night leg cramps.

### Ingredients

Each Tablet contains:, Magnesium oxide 90mg equiv Magnesium 54mg, Valeriana officinalis (Valerian) extract equiv dry root and rhizome 2g.

### Free from

Gluten, dairy, yeast, lactose, soy, artificial colours, artificial flavours, preservatives, sugar/sucrose, wheat, nuts, animal products, seafood, egg, gelatine, salt, alcohol, parabens, sulphites/sulphur, mustard, garlic, mint, aspartame and aspirin.



## **Contains**

Wheat starch.

## **Directions for use**

Adults, take 1 capsule daily, with a meal, or as directed by your healthcare professional. To aid in restful sleep, take 1 capsule, ½ hour before bedtime.

## **Warnings**

Always read the label. Use only as directed and if symptoms persist please see your healthcare professional. Do not use if tamper evidence seal is missing, torn or broken.

## **Product Storage**

Store below 30°C.

## **Barcode**

9316100697769

## **Product Dimensions**

120mm H x 65mm W x 65mm D