



## Faulding® Valerian Forte 2000

Faulding® Valerian Forte 2000 Supports Sleep



### About this product

Faulding® Valerian Forte 2000 is a premium quality formulation containing Valerian which is traditionally used in western herbal medicine to;

Improve sleep quality

induce sleep

Relieve nervous tension

Provide a calmative nervous system relaxant

60 capsules

Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Supplements may only be of assistance if dietary intake is inadequate.

### Contains

Magnesium (as magnesium oxide) 54 mg

Equiv. Magnesium 54.27 mg

Valeriana officinalis (Valerian) extract  
from dry root and rhizome 500mg



## **Directions for use**

Adults, take 1 capsule daily with a meal or as directed by you health professional.

## **Warnings**

Always read the label. Follow the directions for use. If symptoms persist, talk to your health professional. Supplements may only be of assistance if dietary intake is inadequate. Do not use if cap seals are broken or missing.

## **Product Storage**

Store below 30 degrees away from sunlight

## **Barcode**

9316100229045